Equi-Skills Proposal at Scone Grammar School

Equestrian Australia

Scone Grammar School is already a member of Equestrian Australia and our Equestrian Team is in its tenth year of operation.

Equestrian Australia offers certificates in Riding, Horse Management and NCAS coaching courses from Introductory to Level 3. These units can be done as stand-alone units or as pre-requisites to the coaching accreditation courses. Secondary Scone Grammar School students will be able to commence the Introductory Courses in 2016.

NCAS is the National Coaching Accreditation Scheme. Entry level is at Introductory which is aimed at coaches who want to specialise in coaching beginners. Level 3 is the highest standard of accreditation and is for coaches who work in the high performance areas. Equestrian Australia offers coaching accreditation in General, Dressage, Eventing, Jumping, Vaulting and Carriage Driving.

The Introductory Horse Management Course covers the basic concepts of general horse management essential to the provision of minimum standards of horse welfare and practice. The Level One Horse Management Course further develops the basic concepts covered in the Introductory Course with a focus towards the care of performance horses for sport activities.

The Introductory Riding Course has been designed for those with little previous riding experience and also for those seeking recognition of their current riding skills. This Course covers the variety of skills and knowledge needed to perform equestrian riding up to and including Preliminary Level Dressage. Level 1 General Riding course enhances the rider’s ability developed through the Introductory Riding Course by covering the skills, knowledge and concepts that will enable the rider to compete up to and including novice dressage, 90cm and above and Eventing Cross Country Course with fences to 80cm.

The Level 1 Dressage Riding Course enhances the rider’s dressage riding ability developed through the Introductory Riding Courses covering the skills, knowledge and concepts that will enable the rider to compete up to and including elementary level dressage.

The Introductory Coaching Course can only be commenced once the corresponding Horse Management and Riding Courses have been completed. This Course is designed to provide the candidate with essential skills and knowledge to offer basic equestrian coaching in a safe environment. This Course is the fundamental course underpinning all equestrian coaching courses. The Level 1 Coach Course provides the coach with the knowledge to teach and develop a learner’s skills to participate within equestrian sports at competition entry levels across Dressage, Jumping, Eventing, Carriage Driving and Vaulting.

Students are able to move through the Programme at their own pace. The modules will be delivered in fortnightly theory sessions of one hour after school and regular practical riding lessons of 90 minutes during Tuesday’s Horse Sports at White Park. Assessment of practical skills will occur during Tuesday afternoon’s Horse Sport Tuition.

Coaching and assessment will be delivered by Marcia Williamson, NACS Level 1 (General) Sports’ Specific Training Assessor.
School student enrolment for the Equi-Skills Programme is $79 which includes the EA Introductory Riding Workbook, EA Into-Horse Management Workbook and access to Equi-Skills group training with EA NCAS accredited coaches. Junior membership of ENSW Branch is available by visiting the website – www.ensw.equestrian.org.au or phoning 9620 2660.

Tuesday’s Horse Sport Group coaching is $25 per lesson. A theory class of 4 students would be $17 per lesson, a group of 6 students would be $11 per lesson. These costs would be added to your Monthly Statement.

A full Risk Assessment for all Equi-Skill activities will be carried out.

As a member of Equestrian New South Wales, benefits include EA Personal Accident Insurance, access to all EA Official Events and entry to Inter-Schools’ State Championships if performance eligible.

As a student progresses through the courses and levels, opportunities for pursuing a career in coaching within the equine industry, at an elite level, could become a possibility.

Anne Davies  
**Equestrian Co-ordinator**