Life Education NSW will be visiting our school on

Below is a brief outline of the programs available to the children for participation:

**Harold’s Surprise**
Early Stage 1 (K) - Healthy food choices, importance of physical activity, safety

**Harold’s Mystery Tour**
Stage 1 (Yr 1) - Body workings, safe use and storage of medicines, peer pressure and coping strategies, safety, decision making

**Harold’s Heroes**
Stage 1 (Yr 2) - Environmental health issues, emergency procedures, individual needs for medicines and safe use and storage.

**All Systems Go**
Stages 1 & 2 (Yrs 2-3) Function of body systems, peer pressure, second hand smoking, and safety with medicines.

**Harold’s Diary**
Stage 2 (Yr 3) - Friendship, resilience, expressing emotions, coping strategies, healthy food choices, active lifestyles

**bCyberwise NEW!**
Stage 2 (Yrs 3 & 4) – Explores cybersafety through animation, vox pops of children, relevant scenarios, discussion & problem solving.

**Mind Your Medicine**
Stage 2 (Yr 4) - Safe and unsafe situations, medicines and consequence of misuse, peer influence and friendship, positive communication

**On the Case NEW!**
Stage 3 (Yr 5) – Short and long term effects of smoking, effects of passive smoking, laws, peer influence, and refusal skills.

**Think Twice**
Stage 3 (Yr 6) - Consequences of alcohol use and misuse, stay safe situations and refusal skills, laws controlling purchase and use.

**It’s Your Call IMPROVED**
Stage 3 (Yrs 5 & 6) – Definition of legal drugs, decision making, emotions, peer pressure, risk taking, problem solving, safe and appropriate use of communication technology

The programs address many of the components and objectives within the NSW PDHPE curriculum.
HAROLD MERCHANDISE

Dear Parents,

Life Education NSW is a not for profit community-based organisation that relies heavily on fundraising within the community to assist in meeting the shortfall left after receiving minimal assistance from Government funding.

The sale of Harold merchandise to the children whilst the program is visiting each school supports the fundraising activities of local committees and all proceeds support Life Education within each local area. These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them.

The educator will provide the opportunity for children to purchase these products during the school visit. Please provide the correct money in an envelope with the item written on the face of the envelope along with your child's name and class. This allows the educator to process orders efficiently and accurately. Orders will be returned by the conclusion of the visit.

<table>
<thead>
<tr>
<th>Product Description</th>
<th>Price Incl. GST</th>
<th>Quantity</th>
<th>Product Description</th>
<th>Price Incl. GST</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>Tattoo</td>
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<td></td>
<td>Harold Hand Ball</td>
<td>$3.00</td>
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<tr>
<td>Harold Sticky Note Pad</td>
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<td>Harold Stationery Set</td>
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<td>Large Harold Soft Toy</td>
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Name: ________________________ Child’s Class: ________________________

NB Harold Products are subject to availability
Life Education NSW thanks you for your support.

☐ I would like to donate _________ to Life Education NSW. Gifts of $2.00 or over are tax deductible.

Name: ________________________ Phone (optional): ________________________
Address: ________________________
Suburb: ________________________ Postcode: ________________________
Email (optional) ________________________ Child’s Class: ________________________

Visit Life Education at www.lifeeducation.org.au or www.healthyharold.org.au